

Texas Clinic at Prestonwood
6957 W. Plano Parkway
Suite 1000
Plano, TX 75093

Lake Cities Medical Center
3600 FM 2181
Suite 200
Hickory Creek, TX 75065

Irving Office
7200 N. State Hwy. 161
Suite 300
Irving, TX 75039

Parkplace Medical Center
501 Rita Lane
Suite 101
Arlington, TX 76014

Step 1: Referring Physician Information

PHYSICIAN ORDER:

- CONSULTATION (with testing as clinically indicated)
- TESTING (with new patient visit as clinically indicated)
- TESTING ONLY (please call physician before a new patient visit is initiated)
- CARDIAC PRE-OP CLEARANCE (evaluation and testing as clinically indicated)

Print Referring Physician's Name: _____

Referring Physician's Signature: *federal regulation

(Referring physician must file a copy of this form in the patient's chart.)

Clinic Phone #: _____ Fax #: _____

PATIENT INFORMATION: IDX /FC# _____

Patient Name: _____

Best Contact #: _____

Other Phone: _____ H W

SS#: _____ DOB: _____

Step 2: Referring Instructions

- Fax Form To: **972-395-8632** - INCLUDING RELEVANT OFFICE NOTES, TEST RESULTS, LABS, EKG
- Make copy of form for your records
- Give the original form to the patient (Map to offices located on the back of this form)

SPECIAL INSTRUCTIONS FOR ALL STRESS TESTS

- Wear comfortable shoes and two-piece loose-fitting clothing
- No caffeine or alcohol 24 hours prior to appointment time
- Nothing to eat or drink 4 hours before the test
- Medications: Morning appts- bring medications and take after test
Afternoon appts- take regular morning medications except those related to your heart and blood pressure

Please call if you have any questions about medications.

SCHEDULING OPTIONS:

- Fax form to: **972-395-8632** (New # as of Nov. 2009)
- Call for an appointment: **972-798-6405, 972-939-8294**
- HOT LINE for Urgent Consults & Pre-Op Cardiology Clearance: **214-907-0465**

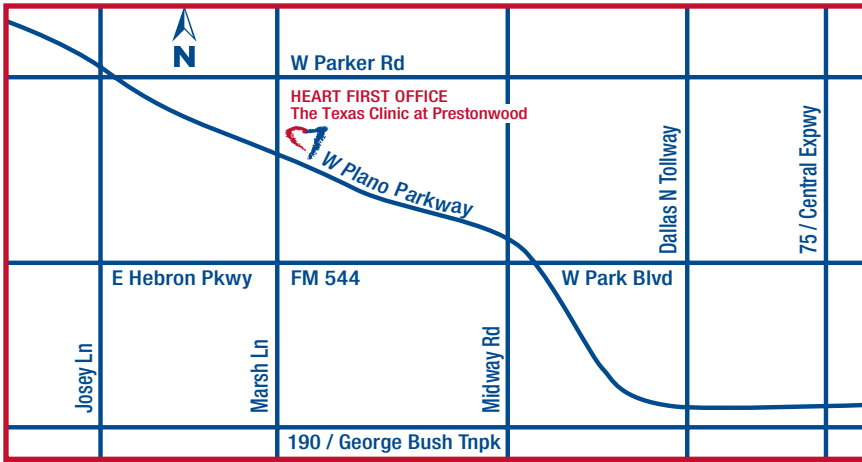
Step 3: Cardiovascular Testing

- A. Cardiac Imaging
 - Echocardiogram with Color Flow Doppler
 - Stress Echocardiogram
 - Nuclear Stress Test (ETT/Adenosine/Lexiscan)
 - Cardiac PET
 - SHAPE (Submaximal Heart & Lung Evaluation)
- B. Vascular Imaging
 - Carotid Sonogram
 - Arterial Imaging/Segmental Pressures
 - Lower Extremity Upper Extremity
 - Venous Doppler - Lower Upper
- C. Monitoring the Heart
 - 24 Hr. Holter 30 Day Event Recorder
 - Pacemaker Assessment
- D. 128-Slice CTA (Dual Source)
 - Coronary CTA Coronary Calcium Score
 - Carotid CTA Abdominal CTA
 - Abdominal with runoff Chest CTA

Step 4: Reason for Testing/Consultation

- Abnormal EKG 794.31 Congestive Heart Failure 428.0
- Abnormal Function Study/ETT 794.30
- Angina 413.9 Chest Pain, precordial pain 786.51
- Claudication 443.9 Carotid Bruit 785.9
- CVA 436 Dizziness 780.4
- Dyspnea 786.09 Shortness of Breath 786.05
- Hypertensive Heart Disease 402.90 Leg Pain 729.5
- Murmur 785.2 Palpitations 785.1
- Syncope and Collapse 780.2 TIA 435.9
- Vertebral Basilar Insufficiency 435.1

Symptoms/Signs/Other ICD-9 Codes:

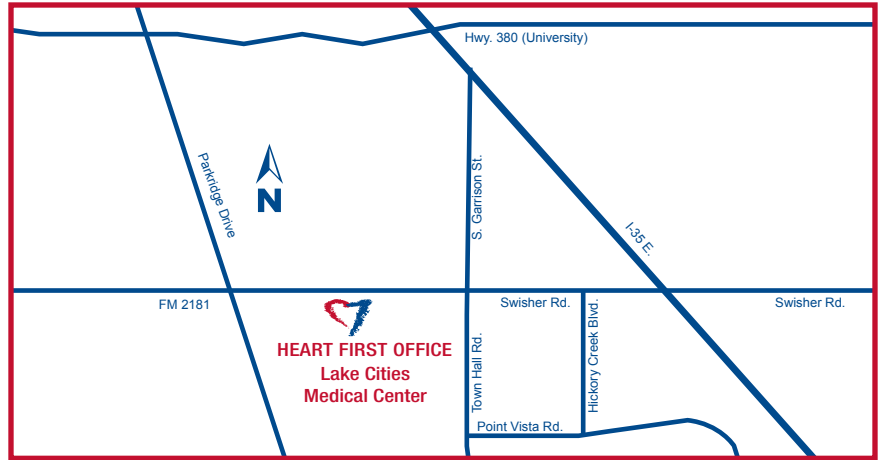


Plano/Carrollton

The Texas Clinic at Prestonwood
6957 W. Plano Pkwy.
Suite 1000
Plano, TX 75093

Lewisville/Denton

Lake Cities Medical Center
3600 FM 2181
Suite 200
Hickory Creek, TX 75065

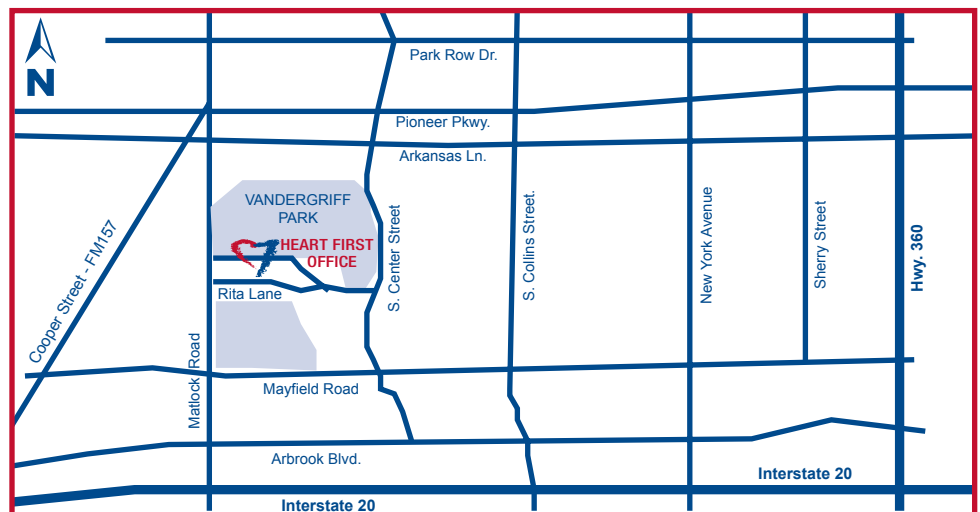


Irving/Las Colinas/Coppell

Tiena Health Building
7200 N. State Hwy. 161
Suite 300
Irving, TX 75039

Arlington

Parkplace Medical Center
501 Rita Lane
Suite 101
Arlington, TX 76014



Please go to www.heartfirst.md for directions if needed.