

# Welcome to HEART FIRST

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## **WHAT TO EXPECT DURING YOUR NEW PATIENT VISIT**

You have been referred to HeartFirst for a Cardiovascular Assessment. This consultation with one of our Board Certified physicians will be more detailed and will take more time than a routine visit with your primary care physician. Note that your appointment consists of 5 steps and you will not meet with the physician until Step IV. (Depending upon the complexity of the consultation, the appointment may take 60-120 minutes).

### ➤ **Step I – Check In**

Please arrive 15 minutes prior to your scheduled appointment. Upon arrival, our front office staff will perform initial registration, confirm insurance, supply you with medical release documents, HIPPA privacy, etc., and alert medical staff you are here.

### ➤ **Step II – Medical Assistant**

A Medical Assistant will escort you to a patient room for vital signs, height/weight, general medical history and an electrocardiogram.

### ➤ **Step III – Mid-Level Provider**

A Mid-Level Provider (Nurse Practitioner / Physician Assistant) specializing in Cardiovascular Disease will perform an extensive medical history and assessment leading to a focus on the primary reason for your visit.

### ➤ **Step IV – Physician**

A Board Certified Cardiovascular Physician will meet with you to review previously obtained data, ask additional questions, discuss symptoms and make their recommendations. Further testing needs will be discussed as appropriate.

### ➤ **Step V – Check Out**

Follow-up appointments for testing or office visits will be scheduled as needed. These may be with a Mid-Level Provider under the supervision of a physician.

**Please go to our web-site at [www.HeartFirst.md](http://www.HeartFirst.md) to acquaint yourself with our Physicians and Mid-Level Providers.**